

**UNITED STATES ARMY COMBATIVES COURSE**  
**1/29 Infantry Regiment, Fort Benning GA**

**Option 3 Drill Oral Brief: Students**  
*July 2017*

**The NCOIC/OIC will always deliver the following brief to students before conducting the Option 3 Drill:**

You are about to participate in the Combatives Option 3 Drill. This drill will measure your ability to control range and to use basic Combatives techniques to dominate an opponent utilizing the Universal Fight Plan. The purpose of the drill is to instill the Warrior Ethos in students by giving them a taste of the physical and emotional demands of actual hand-to-hand combat in a controlled environment. It is the overall intent that each student succeeds in the drill and gains the personal confidence to close with the enemy.

[At this point, introduce the safety NCOIC, the ring NCOICs, the designated training area, the entrance/exits to the training area, and the rotation plan.]

The Option 3 drill will be performed four times with each student. The student and the puncher will start the drill from each of the range-controlling techniques of Post, Frame, and Hook in reverse order, starting with the hook and working outward to projectile weapons range for the fourth and final iteration. The student will then attempt to achieve the clinch and gain dominant clinch position on the puncher, while the puncher attempts to land strikes utilizing the “Universal Fight Plan.” All students will successfully achieve the clinch from each range of the drill at least one time as mandatory training to receive the Basic Combatives Course certification. Drill completion will ultimately be determined by the ring NCOIC. The authorized positions to complete the drill are the Rear-Clinch, the Modified Seatbelt position, the Double Under-Hooks with Body-Lock, and the Wall Clinch. Please watch as the demonstrators perform the authorized techniques to finish the drill. You can reference these positions in TC 3-25.150 from pages 3-52 through 3-54.

[At this point, two demonstrators will perform the Rear-Clinch, the Modified Seatbelt position, and the Double Under-Hooks with Body-Lock.]

What are your questions on the authorized positions to complete the Option 3 Drill?

On each of the first three iterations if the student is *actively attempting* to obtain clinch position for ten seconds they will be awarded the clinch. On the fourth iteration, after closing the distance if the student is *actively attempting* to obtain clinch position for ten seconds they will be awarded the clinch. When the student has successfully obtained clinch position or has actively attempted to obtain clinch position for ten seconds, the Ring NCOIC will firmly place one hand on the puncher and one hand on the student and loudly announce “CLINCH!” At this point, the drill is complete. The Student and the Puncher will immediately separate and the student will exit the training area through the designated exit. Please watch the demonstration.

(NOTE for the 10 Second Rule: Even though the student may have complete control of the puncher, if the student does not have a proper clinch, the 10 seconds will be elapsed before the Ring NCOIC will call out “CLINCH”)

[At this point, one demonstrator will actively attempt to achieve each of the authorized clinch positions and the ring NCOIC will verbalize deficiencies before calling the clinch after ten seconds.]

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What are your questions on actively attempting to obtain clinch position or completing the drill?

During the final iteration, if a student does not have the aptitude to achieve the clinch, the drill will stop prior to reaching the one minute mark and the student will be retrained until the primary instructor is satisfied. After retraining, if the student cannot achieve the clinch or makes it to the one minute mark, s/he will be dropped from the course. All students will wear a mouthpiece during the drill. The drill will be stopped if a student loses or spits out his mouthpiece. In this event, the mouthpiece will be reinserted into the student's mouth and the drill will be restarted at the appropriate starting position for that iteration. At no point will the student attempt to take the puncher to the ground. If the student or puncher or both fall to the ground, the ring NCOIC will stop the drill, counsel the student and the puncher, and the drill will be restarted at the appropriate starting position for that iteration. The ring NCOIC will stop the drill if the student quits by exiting the training area, if any unsafe conditions are observed, or if the Student or Puncher is injured. In the event that the drill is stopped, the student and the puncher will immediately separate and take all instructions from the ring NCOIC.

[At this time, include any additional safety concerns unique to the environment, i.e. weather, specific concerns to individuals, etc.]

What are your questions regarding the Option 3 Drill?

[END OF OPTION 3 DRILL BRIEF: STUDENT]